

SPORTS QUESTIONNAIRE

NAME: _____ DATE: _____

IF YOU ANSWER YES TO ANY OF THESE QUESTIONS PLEASE EXPLAIN.

1. Is there any family history of cardiac disease or sudden death in persons under the age of 50?
YES _____ WHO _____ NO _____

2. Have you had any problem with a "racing heart: YES _____ NO _____

3. Have you experienced any of the following with exercise/physical activity:
Chest Pain, Lightheadedness, Shortness of Breath YES _____ NO _____
Explanation: _____

4. If you are asthmatic, have you had any significant bouts of asthma in the past year?
YES/WHEN _____ NO _____

5. Have you fainted in the last year? YES _____ NO _____
WHEN/CAUSE _____

6. Have you had significant weight loss in the past year? YES _____ NO _____

7. Have you suffered any injuries in the last year which resulted in a loss of consciousness
or concussion? YES _____ NO _____
If yes, were you cleared? YES _____ NO _____

8. Have you had any of the following injuries in the past year:
Fracture YES _____ NO _____ Sprain YES _____ NO _____
Back Injury YES _____ NO _____ Neck Injury YES _____ NO _____
If yes, have you been cleared by Orthopedics? YES _____ NO _____

9. Are you taking any medications YES _____ NO _____
If yes, please indicate, medication and dose: _____

10. Have you had any surgery? YES _____ NO _____
If yes, please indicate, what and when? _____

11. Have you ever been seen or been
referred to see cardiology? YES _____ NO _____

Signature: _____ Relationship to patient: _____